



Ryukyu Kobudo Shimbukan Seminar

Thomas Podzely 6th Dan, Renshi



Date: May 2nd 2025 - May 4th 2025

Kobudo Training at VS Frauenfeld Europaplatz 1 2320 Schwechat

Open for all styles and grades

Seminar fee: 70€ adults, 50€ kids below 14

	Beginner	Kyu (with knowlegde)	Dan
Fr 9:15-11:00	Bo Junbi Undo & Kihon		
Fr 11:00-12:00	Bo Kihon 1-4,13	Bo Kihon Kata I,II	Bo Kihon Kata I,II Shushi-no-kon-sho Sakugawa-no-kon-sho
<i>12:00-14:30 lunch break</i>			
Fr 14:30-15:30	Sai Junbi Undo & Kihon		
Fr 15:30-16:30	Sai Kihon	Sai Kihon Kata I,II	Sai Kihon Kata I,II Chikinshitahaku-no-sai
Fr 16:30-17:30	Nunchaku Kihon		Tonfa Kihon
Fr 17:30-18:00	Maezato-no-nunchaku	Maezato-no-nunchaku Akamine-no-nunchaku	Tonfa Kihon Kata
Sa 9:00-9:30	Bo Junbi Undo & Kihon		
Sa 9:30-10:30	Bo Kihon Kata I	Shushi-no-kon-sho	Shushi-no-kon-sho Sakugawa-no-kon-sho Shushi-no-kon-dai Sakugawa-no-kon-dai Yonegawa-no-kon
Sa 10:30-11:00	Sai Junbi Undo & Kihon		

Sa 11:00-12:00	Sai Kihon Kata I	Sai Kihon Kata I,II Chikinshihakku-no-sai	Chikinshihakku-no-sai Chatanyara-no-sai Hamahiga-no-sai Kojo-no-sai
<i>12:00-14:30 lunch break</i>			
Sa 14:30-16:00	Tekko Kihon Maezato-no-tekko		Hamahiga-no-tonfa Yaraguwa-no-tonfa Kanegawa-no-tinbe Kanegawa-no-nicho-gama
Sa 16:00-18:00	Bo-tai-Bo		
So 9:00-9:30	Bo Junbi Undo & Kihon		
So 9:30-11:00	Bo Kihon Kata I,II	Bo Kihon Kata I,II Shushi-no-kon-sho Sakugawa-no-kon-sho	Shushi-no-kon-dai Koryu-shushi-no-kon Sakugawa-no-kon-dai Koryu-sakugawa-no-kon Yonegawa-no-kon
So 11:00-12:00	Sai Kihon Kata I,II	Sai Kihon Kata I,II Chikinshihakku-no-sai	Chikinshihakku-no-sai Chatanyara-no-sai Hamahiga-no-sai Kojo-no-sai
<i>12:00-14:30 lunch break</i>			
So 14:30-15:30	Maezato-no-nunchaku Maezato-no-tekko	Maezato-no-nunchaku Akamine-no-nunchaku Maezato-no-tekko	Hamahiga-no-tonfa Yaraguwa-no-tonfa Kanegawa-no-tinbe Kanegawa-no-nicho-gama
So 15:30-17:00	Examinee grading preparation	Bo-tai-sai	
So 17:00-18:00	Kyu Grading		

19:30 Sayonara party location tbd

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Organization: Okinawa Goju Ryu Karate-Do Schwechat in cooperation with Österreichischer Karate Bund/Karate Austria and LV Niederösterreich.
The organizers shall not be liable for any material and or personal damage!



Remarks:

- Registration with payment of seminar fee. Fee to payed to:
Okinawa Goju Ryu Karate-Do Schwechat IBAN: AT75 12000 10011764874
Please leave remark: Kobudo Schwechat May 2025